Pirenzepine has an elimination half-life of about 12 hours and is about 12% bound to plasma proteins. Diffusion across the bloodbrain barrier is poor and only minimal amounts are present in

Renal impairment. The renal clearance and total plasma clearance of pirenzepine may be significantly reduced in patients with renal impairment, <sup>1,2</sup> with clearance decreasing proportionately with the degree of renal impairment. The half-life of pirenzepine is increased with reported values ranging from 14 to 20 hours. 1-3 Plasma concentrations of pirenzepine may be reduced by up to about 50% during haemodialysis.

- 1. Krakamp B, et al. Steady-state intravenous pharmacokinetics of pirenzepine in patients with hepatic insufficiency and combined renal- and hepatic insufficiency. Eur J Clin Pharmacol 1989; **36**: 71–3.
- Krakamp B, et al. Steady-state intravenous pharmacokinetics of pirenzepine in patients with differing degrees of renal dysfunction. Eur J Clin Pharmacol 1989; 36: 75-8.
- 3. MacGregor T, et al. Oral pharmacokinetics of pirenzepine in patients with chronic renal insufficiency, failure, and main haemodialysis. Eur J Clin Pharmacol 1990; **38:** 405–6.

### **Uses and Administration**

Pirenzepine is a selective M1 tertiary amine antimuscarinic that displays a preferential action on the gastric mucosa thus causing a reduction in the secretion of gastric acid; it also reduces the secretion of pepsin. At therapeutic doses it has few other antimuscarinic actions.

Pirenzepine hydrochloride has been used in the management of peptic ulcer disease (p.1702) in a usual oral dose of 50 mg two or three times daily for 4 to 6 weeks. It has also been given by slow intravenous injection in doses of up to 60 mg daily.

Myopia. Pirenzepine ophthalmic gel has been investigated 1-3 in children for its potential in slowing the progression of myopia. In a study<sup>3</sup> involving 353 children with myopia, pirenzepine 2% gel given once or twice daily into the lower eyelid for 1 year was associated with reduced progression: at 12 months myopia had progressed by a mean of 0.7 and 0.47 dioptres in children assigned to once and twice daily dosage respectively, compared with 0.84 dioptres in those given placebo. The gel was generally well tolerated, the most frequent adverse effects being development of papillae or follicles, or abnormalities of accommodation such as mydriasis or cycloplegia. Of 55 patients who failed to complete the study, 31 did so as a result of adverse effects

- 1. Bartlett JD, et al. A tolerability study of pirenzepine ophthalmic gel in myopic children. J Ocul Pharmacol Ther 2003; 19: 271–9.
- 2. Siatkowski RM, et al. US Pirenzepine Study Group. Safety and efficacy of 2% pirenzepine ophthalmic gel in children with myopia: a 1-year, multicenter, double-masked, placebo-controlled parallel study. *Arch Ophthalmol* 2004; **122:** 1667–74.
- 3. Tan DTH, et al. Asian Pirenzepine Study Group. One-year multicenter, double-masked, placebo-controlled, parallel safety and efficacy study of 2% pirenzepine ophthalmic gel in children with myopia. *Ophthalmology* 2005; **112:** 84–91.

## **Preparations**

Proprietary Preparations (details are given in Part 3)

Arg.: Droxol†; Austria: Gastrozepin; Cz.: Gastrozepin†; Ger.: Gastroirți, Gastrozepin; Ulcoprotect†; Gr.: Gastrozepin†; Itali: Frazim†; Gastropien; prot.; Gastrozepin†; Port.: Gastrozepin†; Rus.: Gastrozepin (Пастроцепин); Switz.: piren-basan†; Thai.: Cevaniți, Venez.: Ligeral+

Multi-ingredient: Arg.: Duo Vizerul†.

# Platyphylline Acid Tartrate

Platyphylline Bitartrate; Platyphyllini Hydrotartras. I,2-Dihydro-12-hydroxysenecionan-11,16-dione hydrogen tartrate.

Платифиллина Битартрат

 $C_{18}H_{27}NO_5, C_4H_6O_6 = 487.5.$ 

CAS — 480-78-4 (platyphylline); 1257-59-6 (platyphylline acid tartrate).

(platyphylline)

Platyphylline acid tartrate is a pyrrolizidine alkaloid occurring in Senecio platyphyllus and other Senecio spp. It has antimuscarinic actions and has been given with papaverine in antispasmodic preparations.

### Plaunotol (HNN)

CS-684; Plaunotolum. (2Z,6E)-2-[(3E)-4,8-Dimethyl-3,7-nonadienyl]-6-methyl-2,6-octadiene-1,8-diol.

Плаунотол

 $C_{20}H_{34}O_2 = 306.5.$ CAS — 64218-02-6.

$$H_3C$$
 $HO$ 
 $CH_3$ 
 $CH_3$ 

Plaunotol is a complex aliphatic alcohol extracted from the Thai medicinal plant plau-noi (Croton sublyratus (Euphorbiaceae)). It is reported to possess cytoprotective properties and has been used in the treatment of gastritis and peptic ulcer disease in an oral dose of 80 mg three times daily.

#### **Preparations**

Proprietary Preparations (details are given in Part 3) Jpn: Kelnac; Thai.: Kelnac.

## Polaprezinc (rINN)

Polaprézinc; Polaprezincum; Z-103; Zinc-L-carnosine. catena-Poly{zinc- $\mu$ -[ $\beta$ -alanyl-L-histidinato(2-)-N,N<sup>N</sup>,O:N<sup> $\tau$ </sup>]}.

 $(C_9H_{12}N_4O_3Zn)_n$ CAS — 107667-60-7.

Polaprezinc is a cytoprotective agent used in the treatment of peptic ulcer disease.

## Poldine Metilsulfate (BAN, pINN)

IS-499; McN-R-726-47; Metilsulfato de poldina; Poldine Methosulphate; Poldine Methylsulfate (USAN); Poldine Methylsulphate; Poldine, Métilsulfate de; Poldini Metilsulfas. (RS)-2-Benziloyloxymethyl-I,I-dimethylpyrrolidinium methylsulphate.

Польдина Метилсульфат

 $C_{21}H_{26}NO_3$ ,  $CH_3O_4S = 451.5$ . CAS — 596-50-9 (poldine); 545-80-2 (poldine metilsul-

fate). ATC - A03AB11.

ATC Vet — QA03AB11.

### Pharmacopoeias. In Br.

BP 2008 (Poldine Metilsulfate). A white odourless or almost odourless crystalline powder. Freely soluble in water; soluble in alcohol; slightly soluble in chloroform. A 1% solution in water has a pH of 5.0 to 7.0.

#### **Profile**

Poldine metilsulfate is a quaternary ammonium antimuscarinic with peripheral actions similar to those of atropine (p.1219) and has been used in the management of gastrointestinal disorders, including peptic ulcer disease.

## **Preparations**

BP 2008: Poldine Tablets

### Polycarbophil (BAN, rINN)

Policarbofilo; Polycarbophile; Polycarbophilum.

Поликарбофил

CAS - 9003-97-8

## Pharmacopoeias. In US.

USP 31 (Polycarbophil). It is polyacrylic acid cross-linked with divinyl glycol. White to creamy-white granules, with a characteristic, ester-like odour. Swells in water to a range of volumes, depending primarily on the pH. Insoluble in water, in common organic solvents, and in dilute acids and alkalis. A 1% mixture in water has a pH of not more than 4.0. Store in airtight containers.

## Polycarbophil Calcium (BANM, rINNM)

AHR-3260B; Calcii Polycarbophilum; Calcium Polycarbophil (US-AN); Policarbofilo cálcico; Polycarbophile Calcique; Polycarbophilum Calcii; Polykarbofiilikalsium; Polykarbofilkalcium; Polykarbophilum Calcicum; WI-140.

Кальций Поликарбофил

CAS - 126040-58-2 ATC — A06AC08.

ATC Vet - QA06AC08. Pharmacopoeias. In US.

USP 31 (Calcium Polycarbophil). A white to creamy-white powder, Insoluble in water, in common organic solvents, and in dilute acids and alkalis. It loses not more than 10% of its weight on drying and contains not less than 18% and not more than 22% of calcium, calculated on the dried basis. Store in airtight containers.

## **Adverse Effects and Precautions**

As for Ispaghula, p.1737. Polycarbophil calcium releases calcium ions in the gastrointestinal tract and should be avoided by patients who must restrict their calcium intake

There is a risk of intestinal or oesophageal obstruction and faecal impaction, especially if such bulk laxatives are swallowed dry. Therefore, they should always be taken with sufficient fluid and should not be taken immediately before going to bed. They should be avoided by patients who have difficulty swallowing.

## Interactions

The calcium component of polycarbophil calcium may produce interactions typical of calcium salts (p.1677), such as reducing the absorption of tetracyclines from the gastrointestinal tract; it should not be taken within 2 hours of the antibacterial. Polycarbophil calcium has also been reported to decrease the absorption of ciprofloxacin and mycophenolate mofetil.

## Uses and Administration

Polycarbophil calcium has similar properties to ispaghula (p.1737) and is used as a bulk laxative and for adjusting faecal consistency. After ingestion calcium ions are replaced by hydrogen ions from gastric acid and the resultant polycarbophil exerts a hydrophilic effect in the intestines.

It is given orally in a usual dose equivalent to 1 g of polycarbophil up to four times daily, as necessary. Doses should be taken with at least 250 mL of water.

Polycarbophil is used topically as a vaginal moisturiser and as an ocular lubricant.

## ♦ References

- Danhof IE. Pharmacology, toxicology, clinical efficacy, and adverse effects of calcium polycarbophil, an enteral hydrosorptive agent. *Pharmacotherapy* 1982; 2: 18–28.
- 2. Toskes PP, et al. Calcium polycarbophil compared with placebo in irritable bowel syndrome. Aliment Pharmacol Ther 1993; 7: 87–92.
- 3. Chiba T, et al. Colonic transit, bowel movements, stool form, and abdominal pain in irritable bowel syndrome by treatments with calcium polycarbophil. *Hepatogastroenterology* 2005; **52**: 1416–20.

## **Preparations**

Proprietary Preparations (details are given in Part 3)

Arg.: Fibercon†; Austral.: Replens; Austria: Fibercon†; Belg.: Replens†; Braz.: Muvinor; Canad.: Replens; Gr.: Fibercon†; Israel.: Fibercon†; Isla: Modula: Replens; Jpn: Colonel: Mex.: Fibercon†; Spain: Replens†; Swed.: Replens; This: Fibercon†; USA: Equalactin; Fiber-Lax; Fibercon: FiberNorm: Reple

Multi-ingredient: Ital.: Ormobyl CM†; USA: Aquasite†.