

Adverse Effects and Precautions

Inhaled nedocromil sodium may cause headache, gastrointestinal disturbances (nausea, vomiting, dyspepsia, and abdominal discomfort). An unusual or unpleasant taste is reported rarely. Paradoxical bronchospasm may occur. Eye drops may cause transient burning and stinging.

It should not be used for the treatment of acute asthma attacks. The general cautions described under sodium cromoglicate (see p.1136) also apply.

Incidence of adverse effects. A review¹ of nedocromil sodium noted that adverse effects were infrequent, mild, and short-lived. The most common effect appeared to be an unpleasant or bitter taste, which was experienced by 12 to 13% of patients, although less than 1% of patients stopped treatment because of it. Other adverse effects included cough (in 7%), headache (6%), sore throat (5.7%), nausea (4%), and vomiting (1.7%).

1. Brogden RN, Sorokin EM. Nedocromil sodium: an updated review of its pharmacological properties and therapeutic efficacy in asthma. *Drugs* 1993; **45**: 693–715.

Pharmacokinetics

Nedocromil sodium is poorly absorbed from the gastrointestinal tract; about 10% of the inhaled dose is absorbed from the lungs. Absorption is also poor after topical ophthalmic use, and occurs mainly through the nasal mucosa. Nedocromil sodium is excreted unchanged in the urine and faeces. The half-life is stated to range from about 1 to 3.3 hours.

◇ The extent of absorption or bioavailability of nedocromil sodium after inhalation in healthy subjects was 7 to 9% of the dose, including 2 to 3% oral absorption and 5 to 6% absorption from the respiratory tract.¹ After inhalation of nedocromil sodium 4 mg the mean peak plasma concentration was 3.3 nanograms/mL in healthy subjects and 2.8 nanograms/mL in asthmatic patients, with peak values being reached at about 20 and 40 minutes respectively. The mean total urinary excretion 24 hours after a single dose was 5.4% of the dose in healthy subjects and 2.3% in asthmatics.

1. Neale MG, *et al.* The pharmacokinetics of nedocromil sodium, a new drug for the treatment of reversible obstructive airways disease, in human volunteers and patients with reversible obstructive airways disease. *Br J Clin Pharmacol* 1987; **24**: 493–501.

Uses and Administration

Nedocromil sodium has a stabilising action on mast cells resembling that of sodium cromoglicate (p.1137) and is used similarly in the management of chronic asthma. It should not be used to treat an acute attack of asthma.

For **asthma**, nedocromil sodium is inhaled from a metered-dose aerosol. The usual dose for adults and children from 6 years of age is 4 mg inhaled four times daily which may be decreased to 4 mg twice daily after control of symptoms is achieved. Clinical improvement may not be obtained for 1 week or longer after beginning therapy.

Nedocromil sodium is also used topically in the treatment of **allergic conjunctivitis** and **allergic rhinitis**. For seasonal and perennial allergic conjunctivitis it is given as a 2% solution, instilled into each eye twice daily. This may be increased to 4 times daily if necessary, which is the usual dose in vernal keratoconjunctivitis. In seasonal allergic conjunctivitis, treatment is usually given for no more than 12 weeks. In allergic rhinitis nedocromil sodium is used as a 1% nasal spray: one spray is given into each nostril 4 times daily. For details of doses in children, see Administration in Children, below.

◇ General references.

1. Brogden RN, Sorokin EM. Nedocromil sodium: an updated review of its pharmacological properties and therapeutic efficacy in asthma. *Drugs* 1993; **45**: 693–715.
2. Parish RC, Miller LJ. Nedocromil sodium. *Ann Pharmacother* 1993; **27**: 599–606.

Administration in children. Nedocromil sodium is given by metered-dose aerosol inhalation for the treatment of asthma in children from 6 years of age at the adult dose, see above. Although unlicensed in the UK for younger children, the *BNFC* recommends the same dose from 5 years of age.

Similarly, for the topical treatment of seasonal allergic conjunctivitis and vernal keratoconjunctivitis, the adult dose may be given to children from 6 years of age, see above. Treatment of perennial allergic conjunctivitis with nedocromil sodium is not

licensed in children in the UK, but the *BNFC* recommends adult doses from 6 years of age.

Asthma. Nedocromil sodium is generally considered to be an alternative to sodium cromoglicate in the management of asthma (p.1108). Nedocromil has been shown to improve symptoms and reduce bronchodilator intake in adults¹ and children² with chronic asthma. However, a systematic review³ of nedocromil for chronic asthma in children subsequently found that although a number of small studies have shown that nedocromil improves airflow limitation, reduces symptoms, and reduces bronchial hyperresponsiveness, this has not been confirmed in a larger long-term study of children with milder asthma. Its place in relation to other asthma therapies for children is also unclear. It may be used before exercise to reduce exercise-induced bronchoconstriction,⁴ and appears to be as effective as sodium cromoglicate for this indication.⁵

1. Edwards AM, Stevens MT. The clinical efficacy of inhaled nedocromil sodium (Tilade) in the treatment of asthma. *Eur Respir J* 1993; **6**: 35–41.
2. Armenio L, *et al.* Double blind, placebo controlled study of nedocromil sodium in asthma. *Arch Dis Child* 1993; **68**: 193–7.
3. Sridhar AV, McKean M. Nedocromil sodium for chronic asthma in children. Available in The Cochrane Database of Systematic Reviews; Issue 3. Chichester: John Wiley; 2006 (accessed 14/04/08).
4. Spooner CH, *et al.* Nedocromil sodium for preventing exercise-induced bronchoconstriction. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2002 (accessed 14/04/08).
5. Kelly K, *et al.* Nedocromil sodium versus sodium cromoglycate for preventing exercise-induced bronchoconstriction in asthmatics. Available in The Cochrane Database of Systematic Reviews; Issue 3. Chichester: John Wiley; 2000 (accessed 14/04/08).

Cough. For references indicating a positive response to sodium cromoglicate but not to nedocromil sodium in the management of cough induced by ACE inhibitor therapy, see Cough, p.1137.

Rhinitis and conjunctivitis. Nedocromil has been used in the management of allergic rhinitis (p.565) and conjunctivitis (p.564). In the management of seasonal allergic rhinitis, there is some evidence that prophylactic mometasone furoate (p.1539) reduces symptoms more effectively than nedocromil.¹ In vernal keratoconjunctivitis (see p.1138) nedocromil may be more effective than cromoglicate, but is less effective than fluorometholone.²

1. Pitsios C, *et al.* Efficacy and safety of mometasone furoate vs nedocromil sodium as prophylactic treatment for moderate/severe seasonal allergic rhinitis. *Ann Allergy Asthma Immunol* 2006; **96**: 673–8.
2. Tabbara KF, Al-Kharashi SA. Efficacy of nedocromil 2% versus fluorometholone 0.1%: a randomised, double masked trial comparing the effects on severe vernal keratoconjunctivitis. *Br J Ophthalmol* 1999; **83**: 180–4.

Preparations

Proprietary Preparations (details are given in Part 3)

Austral.: Tilade; **Austria:** Tilade; Tilarin; Tilavist; **Braz.:** Tilade; **Canad.:** Alocri; Tilade; **Cz.:** Tilade; Tilarin; Tilavist; **Denm.:** Tilade; Tilavist; **Fin.:** Tilade; Tilarin; Tilavist; **Fr.:** Tilavist; **Ger.:** Halamid; Irtan; Tilade; **Gr.:** Tilade; **Hong Kong:** Tilade; **Hung.:** Tilade; **Irl.:** Tilade; Tilavist; **Israel:** Tilade; Tilavist; **Ital.:** Kovilen; Kovinal; Tilade; Tilarin; Tilavist; **Mex.:** Irtan; **Neth.:** Tilade; Tilavist; **Norw.:** Tilavist; **NZ:** Tilade; **Port.:** Tilavist; **Rus.:** Tilade (Таймеа); **Spain:** Bronil; Cetimil; Tilad; Tilavist; **Swed.:** Tilavist; **Switz.:** Tilade; Tilarin; Tilavist; **Turk.:** Tilade; **UK:** Rapitil; Tilade; **USA:** Alocri; Tilade.

Multi-ingredient: *Ital.:* Zarentil.

Omalizumab (BAN, USAN, rINN)

CGP-51901; E-25; IGE-025; Olizumab; Omalizumabum; rhuM-Ab-E25. Immunoglobulin G, anti-(human immunoglobulin E Fc region)(human-mouse monoclonal E25 clone pSVIE26 γ -chain), disulfide with human-mouse monoclonal E25 clone pSVIE26 κ -chain, dimer.

Омализумаб

СМ — 2421 38-07-4.

ATC — R03DX05.

ATC Vet — QR03DX05.

Adverse Effects and Precautions

Injection site reactions are common with the use of omalizumab. Other adverse effects that have been reported include generalised pain, fatigue, arthralgia, dizziness, earache, gastrointestinal disturbances, headache, and alopecia. An increased incidence of parasitic infection has been reported in patients at high risk for helminthic infections. Viral infections, upper respiratory-tract infections, sinusitis, pharyngitis, and flu-like illness can also occur. Churg-Strauss syndrome has also been reported. Hypersensitivity reactions such as urticaria, dermatitis, and pruritus can occur. Rarely, systemic reactions, including potentially life-threatening anaphylaxis, have occurred. Anaphylactic reac-

tions may occur up to 4 days after a dose, and as early as the first dose or more than 1 year after beginning regular treatment.

Severe thrombocytopenia has been reported with use of omalizumab.

Licensed product information notes an increased incidence of malignancies in patients given omalizumab.

Omalizumab should not be used for the treatment of acute asthma attacks, and inhaled corticosteroids should not be abruptly withdrawn on starting omalizumab therapy.

Pharmacokinetics

Omalizumab is absorbed after subcutaneous injection with a bioavailability of about 62%, reaching peak serum concentrations after 7 to 8 days. It is removed by IgG and IgE clearance processes in the liver, with a serum elimination half-life of about 26 days. During treatment with omalizumab, the serum concentration of free IgE decreases but that of total IgE increases because the omalizumab-IgE complex has a slower elimination rate than free IgE.

◇ References.

1. Hayashi N, *et al.* A mechanism-based binding model for the population pharmacokinetics and pharmacodynamics of omalizumab. *Br J Clin Pharmacol* 2007; **63**: 548–61.

Uses and Administration

Omalizumab is a recombinant humanised monoclonal antibody that selectively binds to IgE. It inhibits the binding of IgE on the surface of mast cells and basophils, thus reducing the release of mediators of the allergic response. Omalizumab is used in the prophylactic management of moderate to severe, persistent allergic asthma (p.1108). The dose depends on the patient's weight and pre-treatment serum-IgE concentrations; regimens range from 75 to 300 mg every 4 weeks to 225 to 375 mg every 2 weeks. Omalizumab is given by subcutaneous injection, and not more than 150 mg should be given at one injection site. Total IgE concentrations rise during treatment (see Pharmacokinetics, above), remaining elevated for up to 1 year after withdrawal, and cannot be used to determine continued dosage. Dose determination after treatment interruptions lasting up to 1 year should be based on pre-treatment serum-IgE concentrations.

Omalizumab is under investigation in the prophylactic management of seasonal allergic rhinitis.

◇ References.

1. Ådelroth E, *et al.* Recombinant humanized mAb-E25, an anti-IgE mAb, in birch pollen-induced seasonal allergic rhinitis. *J Allergy Clin Immunol* 2000; **106**: 253–9.
2. Easthope S, Jarvis B. Omalizumab. *Drugs* 2001; **61**: 253–60.
3. Casale TB, *et al.* Effect of omalizumab on symptoms of seasonal allergic rhinitis: a randomized controlled trial. *JAMA* 2001; **286**: 2956–67.
4. Chervinsky P, *et al.* Omalizumab, an anti-IgE antibody, in treatment of adults and adolescents with perennial allergic rhinitis. *Ann Allergy Asthma Immunol* 2003; **91**: 160–7.
5. Hanf G, *et al.* Omalizumab inhibits allergen challenge-induced nasal response. *Eur Respir J* 2004; **23**: 414–18.
6. Vignola AM, *et al.* Efficacy and tolerability of anti-immunoglobulin E therapy with omalizumab in patients with concomitant allergic asthma and persistent allergic rhinitis: SOLAR. *Allergy* 2004; **59**: 709–17.

Aspergillosis. Successful treatment of allergic bronchopulmonary aspergillosis with omalizumab has been reported in children with cystic fibrosis.^{1,2} In one such report,¹ repeated improvement in symptoms and normalisation in lung function within 2 to 4 hours of giving omalizumab led to complete withdrawal of corticosteroid treatment in a 12 year old girl. Others² have reported similar benefits.

1. van der Ent CK, *et al.* Successful treatment of allergic bronchopulmonary aspergillosis with recombinant anti-IgE antibody. *Thorax* 2007; **62**: 276–7.
2. Zirbes JM, Milla CE. Steroid-sparing effect of omalizumab for allergic bronchopulmonary aspergillosis and cystic fibrosis. *Pediatr Pulmonol* 2008; **43**: 607–10.

Asthma. Current guidelines recommend omalizumab as an option for the treatment of severe persistent allergic (IgE mediated) asthma as an add-on therapy to optimised standard therapy in adults (see Asthma, p.1108). It has been shown to reduce exacerbations and corticosteroid requirement compared with placebo in adults with moderate-to-severe allergic asthma.¹ It also reduced exacerbation rates in patients with inadequately controlled, severe persistent asthma,² and is considered to be an effective therapy in difficult-to-treat, high-risk adult patients.^{3,4}

