

- **Group II.** Specific treatment is usually only required if symptoms are severe. Physostigmine has been used to treat antimuscarinic symptoms. As mushrooms containing ibotenic acid and muscimol may also contain small amounts of muscarine, atropine may be required to control muscarinic symptoms.
- **Group III.** Pyridoxine hydrochloride has been given as an intravenous infusion as specific therapy to overcome the inhibition of pyridoxal phosphate by methylhydrazine, but the use of large doses of pyridoxine might itself produce adverse neurological effects. Methylthionium chloride may be required if methaemoglobinaemia is severe.
- **Group IV.** Atropine sulfate may be required to control the symptoms of muscarine poisoning but it should only be used if definite muscarinic symptoms are present.
- **Group V.** There is no specific treatment for the 'disulfiram-alcohol' reaction except for the maintenance of blood pressure.
- **Group VI.** If symptoms are severe some patients may require sedation with diazepam.

◇ General reviews.

1. Köppel C. Clinical symptomatology and management of mushroom poisoning. *Toxicol* 1993; **31**: 1513–40.

Amanita phalloides. The use of specific antidotes in the treatment of poisoning due to *Amanita phalloides* remains controversial. Acetylcysteine, benzylpenicillin, sulfamethoxazole, thiocetic acid, cytochrome C, ascorbic acid, insulin, growth hormone, silymarin or silibinin, and corticosteroids have all been used or suggested. Evidence to support most of these is lacking;^{1,2} there is limited evidence to support the use of silibinin and acetylcysteine, but benzylpenicillin, although widely used, does not have proven efficacy.¹ In patients who develop fulminant liver failure the definitive treatment is liver transplantation.^{1,2}

1. Enjalbert F, et al. Treatment of amatoxin poisoning: 20-year retrospective analysis. *J Toxicol Clin Toxicol* 2002; **40**: 715–57.
2. Berger KJ, Guss DA. Mycotoxins revisited: part I. *J Emerg Med* 2005; **28**: 53–62.

Uses

Homoeopathy. Several types of poisonous mushrooms have been used in homoeopathic medicines under the following names:

- *Amanita phalloides*: Agaricus phalloides; Agaricus bulbosus
- *Russula emetica*: Agaricus emeticus; Agar. e.
- *Amanita muscaria*: Agaricus muscarius; Agar. m.
- *Coprinus stercorarius* (*Stropharia stercoraria*): Agaricus stercorarius; Aga. ster.

Musk

Almíscar; Almozde; Deer Musk; Mosc.; Moschus.

CAS — 541-91-3 (muskone).

Pharmacopoeias. In *Chin*.

Profile

Musk is the dried secretions from the preputial follicles of the musk deer, *Moschus moschiferus* or some other spp. of *Moschus* (Cervidae). It is used as a fragrance and fixative in perfumery. The main source of musk's fragrance is muskone (muskone).

A series of nitrated tertiary butyl toluenes or xylenes, or related compounds, are used as artificial musks. Musk ambrette, a synthetic nitromusk compound used in perfumery and as a food flavour, has been reported to cause contact dermatitis and photosensitivity.

Homoeopathy. Musk has been used in homoeopathic medicines under the following names: Moschus; Mosc.

◇ References.

1. Schmeiser HH, et al. Evaluation of health risks caused by musk ketone. *Int J Hyg Environ Health* 2001; **203**: 293–9.

Black Mustard

Graine de Moutarde Noire; Mostarda Preta; Mostaza negra; Moutarde Jonciforme; Schwarzer Senfsame; Semen Sinapis; Semilla de Mostaza; Sinapis Nigra.

Description. Black mustard is the dried ripe seeds of *Brassica nigra* (*B. sinapioides*) (Cruciferae).

Pharmacopoeias. In *Swiss* which allows *B. nigra*, *B. juncea*, and other species.

White Mustard

Mostaza blanca; Sinapis Alba.

Description. White mustard is the dried ripe seeds of *Brassica alba* (Cruciferae).

Pharmacopoeias. *Chin.* allows *B. alba* or *B. juncea*.

The symbol † denotes a preparation no longer actively marketed

Volatile Mustard Oil

Allylsenföl; Essence of Mustard; Mostaza, aceite esencial de; Oleum Sinapis Volatile.

Allyl Isothiocyanate (USAN)

Isothiocyanato-l-propene.

C₄H₇NS = 99.15.

CAS — 57-06-7.

Pharmacopoeias. *Fr.* and *US*

USP 31 (Allyl Isothiocyanate). A colourless to pale yellow, very refractive, liquid with a pungent, irritating odour and an acid taste. Slightly soluble in water; miscible with alcohol, with carbon disulfide, and with ether. Store in airtight containers.

Profile

Black and white mustard seeds have been used as emetics, in counter-irritant and rubefacient preparations, and as condiments. Volatile mustard oil, prepared from black mustard seeds, is largely composed of allyl isothiocyanate. It is an extremely powerful irritant that has been used as a counter-irritant and rubefacient. Expressed mustard oil contains a smaller proportion of volatile oil and has been used as a less powerful counter-irritant.

Adverse effects. A report of 2 cases of IgE-mediated anaphylaxis to mustard condiment.¹

1. Vidal C, et al. Anaphylaxis to mustard. *Postgrad Med J* 1991; **67**: 404.

Handling. Allyl isothiocyanate is a potent lachrymator, with a pungent irritating odour. Care should be taken to protect the eyes, to prevent inhalation of fumes, and to avoid tasting.

Preparations

Proprietary Preparations (details are given in Part 3)

Mon.: Autoplasme Vaillant; Sinapisme Rigolot.

Multi-ingredient: **Braz.:** Alivioli; Analgent; Benegel; Gelfex; Gelof; Geloneval†; Mialge†; Mostardina†; Nevrol; **Canad.:** Rheumalan†; **Cz.:** Apisarthron; Rheumosin†; **Ger.:** Cor-Select†; **Pol.:** Reumobonisol; **Rus.:** Apisarthron (Аписартрон); Efcamon (Эфкамон); **Spain:** Doloco; **Switz.:** Knobel Huile N; **UK:** Nine Rubbing Oils; Radian-B Red Oils; Red Oil; **USA:** Dermolin; Methalgent†; Musterole Extra.

Myristyl Alcohol

Alcohol miristilo; Alkohol mirystylowy; NSC-8549; 1-Tetradecanol.

C₁₄H₃₀O = 214.4.

CAS — 112-72-1.

Pharmacopoeias. In *USNF*.

USNF 26 (Myristyl Alcohol). M.p. 36° to 42°.

Profile

Myristyl alcohol is used as an oleaginous vehicle. Contact dermatitis has been associated with its use.

Myrrh

Gum Myrrh; Gummiresina Myrrha; Mira; Mirhami; Mirra; Mirrha; Myrhovniková klejoprskyčice; Myrra; Myrrha; Myrrhe.

Myrra

CAS — 9000-45-7 (Myrrh); 8016-37-3 (myrrh oil).

Pharmacopoeias. In *Eur.* (see p.vii) and *US*.

Ph. Eur. 6.2 (Myrrh). A gum-resin, hardened in air, obtained from the stem and branches of *Commiphora molmol* and/or other species of *Commiphora*. Protect from light.

USP 31 (Myrrh). The oleo-gum resin obtained from the stems and branches of *Commiphora molmol* and other related species of *Commiphora* (Bursaceae) other than *C. mukul*. Store in airtight containers in a dry place.

Profile

The principal source of myrrh is *Commiphora myrrha* (*C. molmol*) (Bursaceae). Myrrh is astringent to mucous membranes; the tincture is used in mouthwashes and gargles for inflammatory disorders of the mouth and pharynx. It has also been used as a carminative. Myrrh has been tried in the treatment of schistosomiasis and fascioliasis.

Myrrh oil is used in aromatherapy.

Contact dermatitis has been reported.

Helminth infections. Myrrh was of benefit in a small study¹ of 7 patients with fascioliasis and in another study² of 204 patients with schistosomiasis. However, it showed low cure rates in the treatment of schistosomiasis when compared with praziquantel.^{3,4}

1. Massoud A, et al. Preliminary study of therapeutic efficacy of a new fasciolicidal drug derived from *Commiphora molmol* (myrrh). *Am J Trop Med Hyg* 2001; **65**: 96–9.

2. Sheir Z, et al. A safe, effective, herbal antischistosomal therapy derived from myrrh. *Am J Trop Med Hyg* 2001; **65**: 700–4.
3. Botros S, et al. Efficacy of mirazid in comparison with praziquantel in Egyptian Schistosoma mansoni-infected school children and households. *Am J Trop Med Hyg* 2005; **72**: 119–23.
4. Barakat R, et al. Efficacy of myrrh in the treatment of human schistosomiasis mansoni. *Am J Trop Med Hyg* 2005; **73**: 365–7.

Preparations

Ph. Eur.: Myrrh Tincture;
USP 31: Myrrh Topical Solution.

Proprietary Preparations (details are given in Part 3)

Ger.: Inspiral P; **Rus.:** Myrtoplex (Миртоплекс).

Multi-ingredient: **Arg.:** Parodontax Fluor; **Austral.:** Eczema Relief; **Austria:** Brady's-Magentropfen; Dentinox; Paradenton; Parodontax; **Braz.:** Paratonic; Parodontax; **Canad.:** Lotion pour Feux Sauvages†; **Chile:** Astrijesan; **Cz.:** Dr Theiss Rheuma Creme†; Dr Theiss Schweden Kräuter; Dr Theiss Schwedenbitter; Original Schwedenbitter; **Denm.:** Dolodent; **Ger.:** Ad-Muc†; Infi-trac†; Mint-Lysoform; Myrrhin-Intest; Ratanhia comp; Repha-Os; **Hong Kong:** Ad-Muc; **Israel:** Parodontax†; **Ital.:** Gengivio†; **Rus.:** Original Grosser Bittner Balsam (Оригинальный Большой Балзам Биттнера); **S.Afr.:** Helmontskruie; Lewensessen; **Spain:** Buco Regis; **Switz.:** Baume†; Eubucal†; GU Eau†; Parodontax F†; Parodontax†; Pomade au Baume; Sanoencicue; **UK:** Herbal Indigestion Naturbats; HRI Golden Seal Digestive; Indigestion and Flatulence; Vocalzone; Wind & Dyspepsia Relief; **Venez.:** One Drop Spray†.

Myrtillus

Baccæ Myrtilli; Bilberry; Blåbär (bilberry fruit); Blaeberry; Borůvkový plod; Fekete áfonya termés (bilberry fruit); Heidelbeere; Huckleberry; Hurtleberry; Melynių uogos, džiovintos (bilberry fruit); Mirtilo; Mustikka (bilberry fruit); Myrtille, fruit de (bilberry fruit); Myrtilli Fructus; Myrtilli fructus (bilberry fruit); Whortleberry.

Pharmacopoeias. In *Eur.* (see p.vii). *US* includes Powdered Bilberry Extract.

Ph. Eur. 6.2 (Bilberry Fruit, Dried; Dried Bilberry BP 2008; Bilberry Fruit, Fresh; Fresh Bilberry BP 2008). The ripe fruit of *Vaccinium myrtillus*. It has a sweet and slightly astringent taste. The dried fruit contains a minimum of 1.0% of tannins, expressed as pyrogallol, calculated with reference to the dried drug. The fresh or frozen fruit contains a minimum of 0.30% of anthocyanins, expressed as cyanidin-3-glucoside chloride (chrysanthemine, C₂₁H₂₁ClO₁₁ = 484.8), calculated with reference to the dried drug. The frozen fruit should be stored at or below –18°.

Profile

Myrtillus has diuretic and astringent properties. It has been used for ophthalmic and circulatory disorders and for diarrhoea.

Homoeopathy. Myrtillus has been used in homoeopathic medicines under the following names: Vaccinium myrtillus; Vac. myrt.

Preparations

Ph. Eur.: Fresh Bilberry Fruit Dry Extract, Refined and Standardised.

Proprietary Preparations (details are given in Part 3)

Arg.: Mirtilene Forte†; **Austral.:** Herbal Eye Care Formula†; **Braz.:** Miralis; **Ger.:** Difrare†; **Indon.:** Lanavision; **Ital.:** Alcodin; Angiorex†; Mirtilene Forte; Retinol†; Tegens; **Malaysia:** Natberry; **Pol.:** Bilberin; Fibs; **Port.:** Difrare; Tegens; Varison†; **Rus.:** Mirtilene Forte (Миртиллене Форте); **Switz.:** Myrtaven.

Multi-ingredient: **Austral.:** Bilberry Plus; Bilberry Plus Eye Health; Bioglan Pygno-Vite; Bioglan Vision-Eze; Extralife Eye-Care; Extralife Leg-Care; Herbal PMS Formula†; Prophthal†; Pykno†; St Mary's Thistle Plus; **Austria:** Amersan; **Braz.:** Antiomipic†; **Chile:** Gingo-Ther†; **Cz.:** Amersan; Diabetan; Diabeticka Cajova Smes-Megadibetin; Tormentan; Urcyston Planta; **Fr.:** Diacure; Difrare; Difrare E; Flebiori; Klorane Shampooing Antipelluculaire; Stomargil; **Ger.:** Salus Augenschutz-Kapseln NA†; **Hung.:** Difrare E; **Indon.:** Berry Vision; Bioretin; Eyevit; Lanavision; Lanavision Plus; Lutevision; Lutevision Extra; Matase; Matovit; Matovit Fifty; Nuvision; Oculex; Opi-bright; Opha-LI; Optimax; Visivit; Vita-Vision; Vitop; **Israel:** Opti-safe; **Ital.:** Alvear con Ginseng; Angiorex Complex; Angioton; Api Baby; Be-bimix Biolactine; Capili; Dermilia Flebozi; Evamilk Flebo-S†; Flebofort; Levital Plus; Lipaven; Memovisus†; Mirtilene; Mirtlux; Neomyr† Plus; Nerec; Pik Gel; Promix 3†; Retinovit; Rivudin; Tusso; Ultravision; Vancolif; **Malaysia:** Natberry Extra; Natberry Plus; **Neth.:** Difrare†; **Pol.:** Biavision; Pelogel; Reumosomal; **Rus.:** Strix (Стрикс); **Spain:** Antiomipic†; Mirtlux; **UK:** Se-Power.

Myrtle

Arrayán; Mirto; Myrte.

CAS — 8008-46-6 (myrtle oil); 8002-55-9 (myrtle).

NOTE: Distinguish from Myrtillus, p.2349, from *Vaccinium myrtillus*.

Profile

Myrtle (*Myrtus communis*, Myrtaceae) has been included in herbal preparations for cough.

Myrtle oil is obtained from the leaves and twigs. Myrtle oil is included in preparations for disorders of the upper respiratory tract and is used in aromatherapy.

The term myrtle has been used to describe an extract of myrtle, standardised on its content of α -pinene, *d*-limonene, and cineole. It is used for respiratory-tract disorders.

◇ References.

1. Matthys H, et al. Efficacy and tolerability of myrtle standardized in acute bronchitis. A multi-centre, randomised, double-blind, placebo-controlled parallel group clinical trial vs. cefuroxime and ambroxol. *Arzneimittelforschung* 2000; **50**: 700–11.

The symbol ⊗ denotes a substance whose use may be restricted in certain sports (see p.vii)

Preparations**Proprietary Preparations** (details are given in Part 3)

Austria: Gelomyrtol; **Ger.:** Gelomyrtol; **Gr.:** Gelomyrtol; **Hong Kong:** Gelomyrtol; **Neth.:** Gelodurat; **Thai.:** Gelomyrtol.

Multi-ingredient: **Austria:** Tetra-Gelomyrtol; **Braz.:** Broncopinol†; **Fr.:** Acarid†; Nazinette du Docteur Gilbert; Pectoderme†; **Ger.:** Tetra-Gelomyrtol; **Spain:** Trophires†.

Nadide (BAN, USAN, rINN)

Codehydrogenase I; Coenzyme I; Co-I; Diphosphopyridine Nucleotide; DPN; NAD; Nadida; Nadidum; Nicotinamide Adenine Dinucleotide; NSC-20272. 1-(3-Carbamoylpyridinio)-β-D-ribofuranoside 5-(adenosine-5'-pyrophosphate).

Надид

$C_{21}H_{27}N_7O_{14}P_2 = 663.4$.

CAS — 53-84-9.

Profile

Nadide is a naturally occurring coenzyme claimed to be of value in the treatment of alcohol and opioid addiction. The reduced form of nadide, NADH, has been used in the management of chronic fatigue syndrome.

Parkinsonism. The reduced form of nadide, NADH (β-NADH; reduced DPN) and its phosphate derivative (NADPH) have been given in the management of Parkinson's disease in an attempt to enhance endogenous dopamine synthesis by stimulating the enzyme tyrosine hydroxylase. Although some beneficial effects have been reported in several case series, a placebo-controlled study failed to find any evidence of efficacy and the routine use of NADH has not been recommended.¹

1. Swerdlow RH. Is NADH effective in the treatment of Parkinson's disease? *Drugs Aging* 1998; **13**: 263–8.

Preparations**Proprietary Preparations** (details are given in Part 3)

S.Afr.: DPN; **Spain:** Nad.

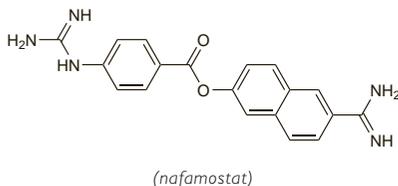
Nafamostat Mesilate (rINN)

FUT-175; Mesilato de nafamostat; Nafamostat, Mésilate de; Nafamostat Mesylate (USAN); Nafamostati Mesilas. 6-Amidino-2-naphthyl p-guanidinobenzoate dimethanesulfonate.

Нафамостата Мезилат

$C_{21}H_{25}N_5O_8S_2 = 539.6$.

CAS — 81525-10-2 (nafamostat); 82956-11-4 (nafamostat mesilate).

**Profile**

Like aprotinin (p.1055) nafamostat is a proteolytic enzyme inhibitor. The mesilate is used in the treatment of acute pancreatitis and disseminated intravascular coagulation, and as an anticoagulant in haemodialysis.

Hyperkalaemia has been reported.

◇ References.

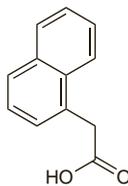
- Yanamoto H, *et al.* Therapeutic trial of cerebral vasospasm with the serine protease inhibitor, FUT-175, administered in the acute stage after subarachnoid hemorrhage. *Neurosurgery* 1992; **30**: 358–63.
- Akizawa T, *et al.* Nafamostat mesilate: a regional anticoagulant for haemodialysis in patients at high risk for bleeding. *Nephron* 1993; **64**: 376–81.
- Miyata T, *et al.* Effectiveness of nafamostat mesilate on glomerulonephritis in immune-complex diseases. *Lancet* 1993; **341**: 1353.
- Murase M, *et al.* Nafamostat mesilate reduces blood loss during open heart surgery. *Circulation* 1993; **88**: 432–6.
- Kitagawa H, *et al.* Hyperkalaemia due to nafamostat mesilate. *N Engl J Med* 1995; **332**: 687.
- Yamazato M, *et al.* Severe abdominal pain associated with allergic reaction to nafamostat mesilate in a chronic hemodialysis patient. *Intern Med* 2002; **41**: 864–6.
- Kaminishi Y, *et al.* Effects of nafamostat mesilate and minimal-dose aprotinin on blood-foreign surface interactions in cardiopulmonary bypass. *Ann Thorac Surg* 2004; **77**: 644–50.
- Ota T, *et al.* Cardiopulmonary bypass using nafamostat mesilate for patients with infective endocarditis and recent intracranial hemorrhage. *Interact Cardiovasc Thorac Surg* 2007; **6**: 270–3.

Naphthylacetic Acid

Нафтилáцетичео, ácido; 1-Naphthaleneacetic Acid; 1-Naphthylacetic Acid.

$C_{12}H_{10}O_2 = 186.2$.

CAS — 86-87-3.

**Profile**

Naphthylacetic acid has been used as a choleric.

Preparations**Proprietary Preparations** (details are given in Part 3)

Multi-ingredient: **Austria:** Galle-Donau; Spagall. **Switz.:** Bilipax†.

Natalizumab (rINN)

Natalizumabum. Immunoglobulin G 4 (human-mouse monoclonal AN100226 4-chain antihuman integrin 4), disulfide with human-mouse monoclonal AN100226 light chain, dimer.

Натализумаб

CAS — 189261-10-7.

ATC — L04AA23.

ATC Vet — QL04AA23.

Adverse Effects and Precautions

Natalizumab commonly causes infusion-related reactions including headache, dizziness, fatigue, urticaria, pruritus, rash, fever, rigors, nausea, hypotension, flushing, dyspnoea, and chest pain. Serious hypersensitivity reactions such as anaphylaxis can also occur. These reactions are usually associated with antibodies to natalizumab. The presence of these antibodies results in reduced serum concentrations and efficacy of natalizumab. The risk of infection is increased and there have been a few cases of progressive multifocal leukoencephalopathy (PML) reported; all patients should be monitored and if signs or symptoms of PML appear treatment should be withheld pending investigation. Clinically significant hepatotoxicity has also been reported with natalizumab and treatment should be stopped if there is evidence of jaundice or other significant liver injury.

Natalizumab is contra-indicated in patients who have previously had PML. It is also contra-indicated in patients with, or at risk for, opportunistic infections, and in those with malignancies.

Antibody formation. The incidence and clinical effects of antibody formation to natalizumab therapy in patients with relapsing multiple sclerosis were studied in the AFFIRM and SENTINEL studies.¹ Of 625 patients treated with natalizumab in the AFFIRM study 20 (3%) were transiently positive for antibodies to natalizumab and 37 (6%) were persistently positive. Equivalent figures for 585 natalizumab-treated patients in the SENTINEL study were 32 (5%) and 38 (6%) respectively. Overall the presence of antibodies was generally correlated with reduced serum concentrations of natalizumab and a poorer treatment response, efficacy being restored in those patients who became antibody-negative during therapy. Antibody-positive patients also had a higher incidence of infusion-related adverse effects, including hypersensitivity reactions (17 of the 37 persistently positive patients in the AFFIRM study). It is recommended that patients with suboptimal response to natalizumab or persistent infusion-related adverse effects should be considered for antibody testing. UK licensed product information warns that therapy should not be restarted in patients who remain positive for antibodies 6 weeks after interrupting an initial short exposure to natalizumab.

1. Calabresi PA, *et al.* The incidence and significance of anti-natalizumab antibodies: results from AFFIRM and SENTINEL. *Neurology* 2007; **69**: 1391–1403.

Hypersensitivity. A review¹ of the data for patients who had hypersensitivity reactions in the AFFIRM study², which included 627 patients in the natalizumab treatment group, found that there was a low incidence (<1%) of serious reactions described as anaphylactoid or anaphylactic. All patients with hypersensitivity reactions responded promptly to discontinuation of the infusion and standard pharmacotherapy as necessary (adrenaline, oxygen, and antihistamines with or without corticosteroids); all recovered fully about 1 to 2 hours after the end of the infusion. UK licensed product information warns that patients should be counselled on the importance of uninterrupted dosing, particularly in the early months of treatment; the risk for hypersensitivity

reactions is greatest with early infusions and in patients who, after an initial short exposure to natalizumab, are re-exposed after a treatment-free period of 3 or more months.

- Phillips JT, *et al.* Infusion-related hypersensitivity reactions during natalizumab treatment. *Neurology* 2006; **67**: 1717–18. Correction. *ibid.* 2007; **68**: 473.
- Polman CH, *et al.* AFFIRM investigators. A randomized, placebo-controlled trial of natalizumab for relapsing multiple sclerosis. *N Engl J Med* 2006; **354**: 899–910.

Infections. Three cases of progressive multifocal leukoencephalopathy (an opportunistic infection of the brain caused by JC virus, a human polyomavirus) have been described in patients given natalizumab.^{1–3} One patient¹ died after receiving natalizumab with azathioprine for Crohn's disease. The other patients^{2–3} were given natalizumab with interferon beta for multiple sclerosis; one of these² also died. After these reports, the use of natalizumab has been restricted (see Uses and Administration, below). A subsequent retrospective evaluation⁴ of more than 3000 patients who had received natalizumab found no further cases. However, 2 further cases have subsequently been reported⁵ in patients taking natalizumab as monotherapy for 14 months and 17 months; one of the patients had previously taken immunosuppressants.

- Van Assche G, *et al.* Progressive multifocal leukoencephalopathy after natalizumab therapy for Crohn's disease. *N Engl J Med* 2005; **353**: 362–8.
- Kleinschmidt-DeMasters BK, Tyler KL. Progressive multifocal leukoencephalopathy complicating treatment with natalizumab and interferon beta-1a for multiple sclerosis. *N Engl J Med* 2005; **353**: 369–74.
- Langer-Gould A, *et al.* Progressive multifocal leukoencephalopathy in a patient treated with natalizumab. *N Engl J Med* 2005; **353**: 375–81.
- Yousry TA, *et al.* Evaluation of patients treated with natalizumab for progressive multifocal leukoencephalopathy. *N Engl J Med* 2006; **354**: 924–33.
- FDA. Alert for healthcare professionals: natalizumab injection for intravenous use (marketed as Tysabri) (issued 25/08/08). Available at: <http://www.fda.gov/cder/drug/InfoSheets/HCP/natalizumab2008HCP.htm> (accessed 26/08/08)

Melanoma. Long-standing naevi in two women developed into melanoma shortly after starting natalizumab treatment for multiple sclerosis.¹

- Mullen JT, *et al.* Melanoma complicating treatment with natalizumab for multiple sclerosis. *N Engl J Med* 2008; **358**: 647–8.

Interactions

Use with antineoplastics, immunosuppressants, or immunomodulators may further increase the risk of opportunistic infections including progressive multifocal leukoencephalopathy associated with natalizumab. Concurrent treatment with interferon beta or glatiramer acetate is contra-indicated.

Uses and Administration

Natalizumab is a murine monoclonal antibody raised against human α4 integrin that is used as monotherapy to prevent relapses and delay progression of disability in patients with highly active relapsing-remitting multiple sclerosis. It is also used for inducing and maintaining response and remission in moderate to severe Crohn's disease (see Inflammatory Bowel Disease, p.1697). However, because of an increased risk of progressive multifocal leukoencephalopathy (PML) its availability is restricted, and use is limited to patients who have had an inadequate response to, or are unable to tolerate, other therapies. A baseline magnetic resonance imaging scan must be done before natalizumab is started in order to differentiate newly developed lesions from pre-existing lesions. Patients should be evaluated for signs and symptoms of PML at 3 and 6 months after the first dose, then every 6 months thereafter. Natalizumab must be discontinued at the first sign of PML or other opportunistic infection developing; treatment may resume if this diagnosis is excluded, but should be permanently discontinued if confirmed.

Patients who were previously taking interferon beta or glatiramer acetate may switch directly to natalizumab provided there are no treatment-related adverse effects such as neutropenia; blood counts must return to normal before starting natalizumab. Patients who have been receiving immunosuppressants such as azathioprine and cyclophosphamide must not start natalizumab until it has been confirmed that they are no longer immunocompromised. Likewise, the pharmacodynamic effects of natalizumab remain for about 12 weeks after stopping treatment, and therefore a wash-out period may be appropriate on stopping natalizumab before giving immunosuppressive drugs.

Natalizumab 300 mg is given by intravenous infusion once every 4 weeks. The dose is diluted in 100 mL of sodium chloride 0.9% and given over about 1 hour. The patient should be observed during the infusion and for a further hour after it is complete; the infusion should be stopped if a hypersensitivity reaction occurs and treatment with natalizumab permanently discontinued. Treatment should also be discontinued if there is evidence of persistent raised antibodies to natalizumab since these reduce efficacy and increase the risk of hypersensitivity reactions. Continuation of therapy in multiple sclerosis patients who have shown no benefit after 6 months should be reconsidered. In the treatment of Crohn's disease, natalizumab should be stopped if patients have not obtained therapeutic benefit after 12 weeks of induction ther-