

tory-tract RSV infection, days of hospitalisation and short-term outcomes have not been affected.<sup>2,15</sup> Due to the small number of patients enrolled in these studies, evaluation of the effects has been difficult. Also, there are some difficulties in giving the drug, and concerns about occupational health and safety, and the high cost. Routine use is not recommended;<sup>6,7</sup> but it may be used for selected infants and children at risk of severe disease and complications. If used, ribavirin should be started early in the course of the disease.<sup>2,3,6</sup>

**Antibacterials**, although often used in the management of bronchiolitis, are not routinely recommended.<sup>6,7</sup> The results from three small studies<sup>16</sup> suggest that *surfactant* may reduce duration of ventilation and length of intensive care stay.

**Prevention** of RSV infection involves good infection control practices and use of *RSV immunoglobulin* and a human monoclonal antibody to RSV, *palivizumab*. Both RSV immunoglobulin and palivizumab can be given during an RSV outbreak to prevent serious complications of infection in infants and children considered at high risk. The effectiveness of RSV immunoglobulin<sup>17</sup> and palivizumab<sup>18</sup> were tested in randomised, placebo-controlled clinical studies involving high-risk infants and children (history of prematurity or with bronchopulmonary dysplasia). A 41% overall reduction in hospital admissions was reported in those given RSV immunoglobulin prophylaxis. Prophylaxis with palivizumab resulted in a 55% overall reduction in hospitalisation; reduction rates were 39% and 78% in those with and without bronchopulmonary dysplasia respectively. Respiratory severity scores, hospital days, days of oxygen requirement, and the rate of intensive care admission were also significantly lower in the palivizumab group than for the placebo group. Prophylaxis with palivizumab was also found to reduce post-bronchiolitic wheezing in premature infants.<sup>19</sup> It is recommended by some expert groups for prophylaxis in infants and children at high risk of severe RSV infections.<sup>6,7,20</sup> Vaccines to prevent RSV infection are currently under development.

- Walsh EE, *et al.* Risk factors for severe respiratory syncytial virus infection in elderly persons. *J Infect Dis* 2004; **189**: 233–8.
- Black CP. Systematic review of the biology and medical management of respiratory syncytial virus infection. *Respir Care* 2003; **48**: 209–31.
- Jafri HS. Treatment of respiratory syncytial virus: antiviral therapies. *Pediatr Infect Dis J* 2003; **22** (suppl): S89–S93.
- Steiner RWP. Treating acute bronchiolitis associated with RSV. *Am Fam Physician* 2004; **69**: 325–30.
- Fitzgerald DA, Kilham HA. Bronchiolitis: assessment and evidence-based management. *Med J Aust* 2004; **180**: 399–404.
- American Academy of Pediatrics Subcommittee on Diagnosis and Management of Bronchiolitis. Diagnosis and management of bronchiolitis. *Pediatrics* 2006; **118**: 1774–93. Also available at: <http://pediatrics.aappublications.org/cgi/reprint/118/4/1774.pdf> (accessed 03/04/08).
- Scottish Intercollegiate Guidelines Network. Bronchiolitis in children: a national clinical guideline. (issued November 2006). Available at: <http://www.sign.ac.uk/pdf/sign91.pdf> (accessed 03/04/08).
- Godonski AM, Bhasale AL. Bronchodilators for bronchiolitis. Available in The Cochrane Database of Systematic Reviews; Issue 3. Chichester: John Wiley; 2006 (accessed 03/04/08).
- Everard ML, *et al.* Anticholinergic drugs for wheeze in children under the age of two years. Available in The Cochrane Database of Systematic Reviews; Issue 3. Chichester: John Wiley; 2005 (accessed 03/04/08).
- Hartling L, *et al.* Epinephrine for bronchiolitis. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2004 (accessed 03/04/08).
- Patel H, *et al.* Glucocorticoids for acute viral bronchiolitis in infants and young children [withdrawn and awaiting update]. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2008 (accessed 28/08/08).
- Csonka P, *et al.* Oral prednisolone in the acute management of children age 6 to 35 months with viral respiratory infection-induced lower airway disease: a randomized, placebo-controlled trial. *J Pediatr* 2003; **143**: 725–30.
- Corneli HM, *et al.* Bronchiolitis Study Group of the Pediatric Emergency Care Applied Research Network (PECARN). A multicenter, randomized, controlled trial of dexamethasone for bronchiolitis. *N Engl J Med* 2007; **357**: 331–9.
- Blom D, *et al.* Inhaled corticosteroids during acute bronchiolitis in the prevention of post-bronchiolitic wheezing. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2007 (accessed 03/04/08).
- Ventre K, Randolph AG. Ribavirin for respiratory syncytial virus infection of the lower respiratory tract in infants and young children. Available in The Cochrane Database of Systematic Reviews; Issue 1. Chichester: John Wiley; 2007 (accessed 03/04/08).
- Ventre K, *et al.* Surfactant therapy for bronchiolitis in critically ill infants. Available in The Cochrane Database of Systematic Reviews; Issue 3. Chichester: John Wiley; 2006 (accessed 03/04/08).
- The PREVENT Study Group. Reduction of respiratory syncytial virus hospitalization among premature infants and infants with bronchopulmonary dysplasia using respiratory syncytial virus immune globulin prophylaxis. *Pediatrics* 1997; **99**: 93–9.
- The IMPACT-RSV Study Group. Palivizumab, a humanized respiratory syncytial virus monoclonal antibody, reduces hospitalization from respiratory syncytial virus infection in high-risk infants. *Pediatrics* 1998; **102**: 531–7.

- Simoes EA, *et al.* Palivizumab prophylaxis, respiratory syncytial virus, and subsequent recurrent wheezing. *J Pediatr* 2007; **151**: 34–42.
- Committee on Infectious Diseases and Committee on Fetus and Newborn, American Academy of Pediatrics. Revised indications for the use of palivizumab and respiratory syncytial virus immune globulin intravenous for the prevention of respiratory syncytial virus infections. *Pediatrics* 2003; **112**: 1442–6. Also available at: <http://aappolicy.aappublications.org/cgi/reprint/pediatrics/112/6/1442.pdf> (accessed 03/04/08).

## SARS

Severe acute respiratory syndrome (SARS)<sup>1,2</sup> is a respiratory illness caused by a newly identified coronavirus (SARS-CoV). SARS presents primarily in previously healthy adults although there have been some cases reported in children. SARS-CoV is transmitted by contact or droplets and transmission mainly occurs during the second week of illness. The incubation period for SARS is usually 2 to 10 days but may be as long as 16 days. The disease manifests initially as flu-like prodromal symptoms, usually characterised by fever, malaise, myalgia, headache, and rigors. Cough (initially dry), dyspnoea, and diarrhoea may be present in the first week but are more commonly present in the second week of illness. Severe cases develop rapidly progressive respiratory distress and hypoxia and up to about 20% of patients may require intubation or mechanical ventilation. About 20% of patients develop large volume, watery diarrhoea. The overall fatality rate during the 2002–2003 SARS outbreak was about 9.5%.

There is currently no consensus on the optimal treatment for SARS and treatment recommendations are based on the experience gained during the 2002–2003 SARS outbreak. Guidelines for the **surveillance and management** of SARS have been developed by WHO.<sup>3</sup> In the UK guidelines<sup>4</sup> have been issued for the hospital management of adults with SARS, and others have also been developed by clinicians involved in the SARS outbreak in Hong Kong.<sup>5</sup> Because SARS is indistinguishable from pneumonia caused by viral and bacterial pathogens, empirical antibacterial treatment in accordance with local guidelines for severe community-acquired pneumonia (p.186) is recommended. Fluids and oxygen therapy should be given as required. Other treatments tried have included corticosteroids, ribavirin, interferons, normal immunoglobulins, and the co-formulated HIV-protease inhibitor ritonavir-boosted lopinavir. Corticosteroids, usually with ribavirin, were widely used and the timely use of high-dose corticosteroids may decrease fever, improve radiographic appearances, and reduce oxygen requirements.<sup>6–8</sup> There is, however, concern that high-dose and long-term use of corticosteroids may suppress the patient's immune system resulting in increased viral replication and possible bacterial or fungal superinfection. The UK guidelines recommend that their use be considered in moderate doses in severely ill patients with increased oxygen requirements.<sup>4</sup> Additionally there is no convincing clinical evidence that the use of ribavirin alters clinical outcome and the UK guidelines state that its routine use is not recommended.<sup>4</sup> Although interferon beta shows greater *in-vitro* antiviral activity against SARS-CoV, most experience during the 2002–2003 outbreak was with interferon alpha with or without normal immunoglobulins.<sup>6</sup> An open study<sup>9</sup> using interferon-alfacon-1 and high-dose pulse methylprednisolone reported more rapid improvement in radiographic appearance and oxygenation than corticosteroids alone. Better clinical improvement was reported in patients treated with daily interferon alpha plus high-dose corticosteroids than in those given interferon plus low-dose or limited corticosteroids.<sup>8</sup> The UK guidelines state that no recommendation can be given regarding the use of interferons.<sup>4</sup> Although normal immunoglobulins have been used in SARS their effectiveness cannot be established as they were usually given with other therapies.<sup>6</sup> A preliminary open study<sup>10</sup> with ritonavir-boosted lopinavir in 41 patients with probable SARS and receiving the local standard treatment of ribavirin and corticosteroids, reported an improved outcome at 21 days and reductions in viral load, corticosteroid dose, and the incidence of nosocomial infections.

- Peiris JSM, *et al.* The severe acute respiratory syndrome. *N Engl J Med* 2003; **349**: 2431–41.
- Christian MD, *et al.* Severe acute respiratory syndrome. *Clin Infect Dis* 2004; **38**: 1420–7.
- WHO. WHO guidelines for the global surveillance of severe acute respiratory syndrome (SARS): updated recommendations October 2004. Available at: [http://www.who.int/csr/resources/publications/WHO\\_CDS\\_CSR\\_ARO\\_2004\\_1.pdf](http://www.who.int/csr/resources/publications/WHO_CDS_CSR_ARO_2004_1.pdf) (accessed 03/04/08).
- Lim WS, *et al.* The British Thoracic Society, the British Infection Society, and the Health Protection Agency. Hospital management of adults with severe acute respiratory syndrome (SARS) if SARS

- re-emerges—updated 10 February 2004. *J Infect* 2004; **49**: 1–7. Also available at: <http://www.brit-thoracic.org.uk/Portals/0/Clinical%20Information/Severe%20Acute%20Resp%20Syndrome/Guidelines/sars0304.pdf> (accessed 03/04/08).
- So LK-Y, *et al.* Development of a standard treatment protocol for severe acute respiratory syndrome. *Lancet* 2003; **361**: 1615–17.
  - Kamps BS, Hoffmann, eds. *SARS Reference—10/2003*. 3rd ed. Available at: <http://www.sarsreference.com/sarsreference.pdf> (accessed 03/04/08).
  - Sung JY, *et al.* Severe acute respiratory syndrome: report of treatment and outcome after a major outbreak. *Thorax* 2004; **59**: 414–20.
  - Zhao Z, *et al.* Description and clinical treatment of an early outbreak of severe acute respiratory syndrome (SARS) in Guangzhou, PR China. *J Med Microbiol* 2003; **52**: 715–20.
  - Loutfy MR, *et al.* Interferon alfacon-1 plus corticosteroids in severe acute respiratory syndrome: a preliminary study. *JAMA* 2003; **290**: 3222–8.
  - Chu CM, *et al.* Role of lopinavir/ritonavir in the treatment of SARS: initial virological and clinical findings. *Thorax* 2004; **59**: 252–6.

## Warts

Warts are caused by human papillomaviruses. The lesions present in several different forms and can affect any skin site although the hands, feet, and anogenital areas are most frequently affected. Anogenital warts are known as condylomata acuminata. Treatment generally relies on some form of local tissue destruction (see p.1584). Interferons have also been used (see p.891).

## Abacavir (BAN, rINN)

Abacavirum; Abakaviiri; Abakavir. {(1S,4R)-4-[2-Amino-6-(cyclopropylamino)-9H-purin-9-yl]cyclopent-2-enyl}methanol.

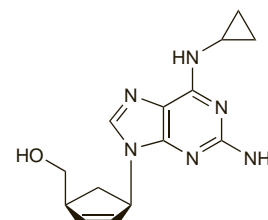
Абакавир

C<sub>14</sub>H<sub>18</sub>N<sub>6</sub>O = 286.3.

CAS — 136470-78-5.

ATC — J05AF06.

ATC Vet — QJ05AF06.



NOTE. The code 1592U89 has been applied to abacavir but is more properly reserved for abacavir sulfate.

## Abacavir Succinate (BANM, USAN, rINN)

Abacavir, Succinate d'; Abakaviiri Succinas; Succinato de abacavir.

Абакавири Сукцинат

C<sub>14</sub>H<sub>18</sub>N<sub>6</sub>O<sub>4</sub>·C<sub>4</sub>H<sub>4</sub>O<sub>4</sub> = 404.4.

CAS — 168146-84-7.

ATC — J05AF06.

ATC Vet — QJ05AF06.

NOTE. The code 1592U89 has been applied to abacavir succinate but is more properly reserved for abacavir sulfate.

## Abacavir Sulfate (USAN, rINN)

Abacavir, Sulfate d'; Abacavir Sulphate (BANM); Abakaviiri Sulfas; Sulfato de abacavir; 1592U89.

Абакавири Сульфат

(C<sub>14</sub>H<sub>18</sub>N<sub>6</sub>O<sub>4</sub>)<sub>2</sub>·H<sub>2</sub>SO<sub>4</sub> = 670.7.

CAS — 188062-50-2.

ATC — J05AF06.

ATC Vet — QJ05AF06.

NOTE. The code 1592U89 and its abbreviated form, 1592, have also been applied to abacavir and abacavir succinate.

## Adverse Effects

The most significant adverse effects associated with antiretroviral regimens containing abacavir are severe hypersensitivity reactions, sometimes fatal, that may occur in up to 9% of patients given abacavir, especially (but not exclusively) during the first 6 weeks of treatment, or during intermittent therapy. Symptoms of hypersensitivity often include fever, rash, cough, dyspnoea, lethargy, malaise, headache, myalgia, and gastrointestinal disturbances, particularly nausea and vomiting, diarrhoea, and abdominal pain. Anaphylaxis has occurred. Caution is needed as hypersensitivity